

## Instructions to Authors

In order to be published in Journal of Experiential Psychotherapy it can be sent studies and researches regarding: Psychotherapy, especially Experiential psychotherapy, Psychological counseling, Psychopathology and clinic psychology, Family therapy, Child and adolescent therapy, Psychopathology and social psychotherapy, Holistic and complementary psychotherapies.

Articles will be sent as a manuscript in **English language** (title, abstract, key-words and the text of article). As standards for publication will be used those included in Publication Manual of the American Psychological Association, fourth edition.

Each article which will not overpass 25 pages (A4 format, at 1.5 rows) will compulsory contain:

complete name of author or authors, as well as their affiliation and e-mail contact; .1

abstract, which can not overpass 300 words; .2

maximum 5 key words; .3

complete text of article; .4

references; .5

tables/ figures. .6

Also the author has obligation to send a letter in order to assure editor the article was not simultaneously sent to other journals and if the article will be published copyright is transferred to Romanian Society for Experiential Psychotherapy.

All articles will be sent in 2 copies in one of the two ways:

by mail, together with a computer disk (regularly DOS format) at the address: .1  
Iolanda Mitrofan, Splaiul Independentei nr. 17 bl. 101 sc. 2 et. 4 ap. 29, sector 5,  
Bucharest, Romania, postal code 050093;

[.sperpsi@gmail.com](mailto:sperpsi@gmail.com) electronic submission, at the address: .2

## ARTICLE ORGANIZATION

**Title of the article.** Titles will be short, specific and descriptive, and they will emphasize the main idea of the article and will not contain any statements. The length of the title, including the punctuation and spaces, must not be longer than 150 characters, (the ideal length being under 100 characters).

**Authors.** First name, Capital letter of the second name, and last name of the authors, without scientific, didactic or military degrees; (for example, Marius N Vasilescu, not Vasilescu M N).

**Footnote** stating the scientific titles of the authors, name and address of each author's workplace (institution and department); contact information of the corresponding author (full address, telephone number, fax number, e-mail address). All contact information shall be published in the revue, unless a specific request is forwarded by the author, in order not to publish the aforementioned data.

**The abstract** must not be longer than **300 words** and must contain **5 paragraphs** entitled as follows:

Introduction, .1

Objectives, .2

Methods, .3

Results, .4

Conclusions. .5

**Key words.** One will use at maximum 5 words (and minimum 3), which must not be included in the title.

**Articles** are organized as follows:

**I. Introduction** (no more than 25% of the text), materials and methods, results, commentaries and discussions.

**II. Materials and methods** shall be described in enough detail, so as to be replicated by other research teams. The same product names shall be maintained across the whole text (also mentioning, in parentheses, the commercial name when first quoted).

**III. Results** shall be presented in a concise manner. Tables and figures shall not repeat the text.

**IV. Discussions** are aimed to set the results in context and to prepare for the authors' conclusions. Information from Introduction or Results must not be repeated unless they need to be better explained. Discussions must also include a comparison between the results obtained and other studies from literature, with explanations and hypotheses on observed differences, commentaries on the importance of the study and the current status of the investigated subject, unsolved problems and questions to be answered in the future.

**V. Bibliography.** The reference list shall include only references quoted within the text.

All authors will be mentioned, when they are 6 or less; when they are 7 or more, one will mention only the first 3 and add 'et al' (Mitrofan, I., Godeanu D., Godeanu, A. S. et al).

Examples:

**References to a journal:**

Dumitrache, S.D. The Bloody Cry - Borderline Personality Disorder, Self-Injuring and Suicidal Behavior. *Roumanian Journal Of Experiantial Psychotherapy*, 2011, Vol. 15, no. 2(54):17-22.

#### **References to a book:**

Kagan, D. M., Squires, R.L. *Eating disorders among adolescents: Patterns and prevalence. Adolescence*, 1984; 19, p. 15-29.

#### **References to a chapter within a book:**

Stoica, D. Film as transitory identity space – The Red Rose of Cairo. In: Mitrofan, L.. (ed.). *Personal development – transversal university competence (a new educational paradigm)*. Bucharest: University of Bucharest Publishing House, 2007, 152-158.

The use of Italic, the correct placement of punctuation and the general aspect of the text must observe all rules mentioned above. **This is a compulsory and eliminatory condition.**

The text must be edited in "Word doc".

Use as little formatting commands as possible:

Text shall be introduced continuously (no spaces); •

One will not use different font types in order to emphasize the text; •

The importance of any word or phrase shall be emphasized by underlining it; •

One will use only the "Enter" key in order to mark the end of the paragraphs, subtitles, lists etc; •

One will use the "Tab" key in order to mark paragraphs, and not the "Space Bar" key. •

Graphics and tables will be edited in Word or Excel. One will mark the place of the table within the text and mention its title.

Photographs will be scanned and saved as files with .tif or .jpg extension. One will mark the place of the photograph within the text and mention its title.

#### **PEER REVIEW**

Any article is admitted for publication only on the basis of scientific advice. Each article will be sent to two scientific personalities who will evaluate it. In no way the author will know these referees. In the case both referees offer a positive report the article will be published. If the report contains some suggestions relating the article's quality this will be sent to the author for improvement and after that will be applied again evaluation procedure. If both referees not approve the new form of article it will be definitive rejected.